



## Required Labs

All of the following labs are required after your first physician visit:

1. Vitamin D 1,25 Hydroxy
2. Thyroid-stimulating hormone (TSH)
3. Complete Blood Count (CBC)
4. Comprehensive Metabolic Panel (CMP)
5. Lipid Panel
6. Hemoglobin A1C
7. Uric Acid
8. Fasting Insulin

\* Please have labs drawn by 9am and fasting since 10pm the day before. CMP, Lipids, and Fasting insulin must be done fasting or they will have to be redrawn.

If you've had the above labs done in the **past 60 days**, you may share those results with us by one of the following methods so we can determine if they are sufficient:

- Bring in a hard copy of lab results
- Email a scanned copy of the results to our Medical Assistant at [COMMPPProgram@uth.tmc.edu](mailto:COMMPPProgram@uth.tmc.edu)  
*[Please note that unencrypted emails may not be secure.]*
- Fax 713.871.0081 to the attention of Dr. Horn

Typically, lab results will be reviewed with you at the 2nd Physician visit.

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