

Established Patient Questionnaire Texas Sinus Institute

2019-04-24 FINAL

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Name		MRN	DOB	Date		
Telephone						
Н	W	M				
Pharmacy						
Name	Telephone					
How did you hear about us? Sent by another physician (If so, please give name below.) Sent by a friend Internet search UT and/or TSI reputation Other (Specify)						
Physician #1 (□ sent by this physician)						
Name	Fax	Гelephone				
Address	City, State		Zip			
Physician #2 (☐ sent by this physician)						
Name	Fax		Telephone			
Address	City, State		Zip			

Important Note on Medical Records and Previous Imaging

Please be sure to bring your previous medical records. In particular, previous CT scans and MRI scans of the nose and sinuses are very important. Please try to obtain the actual films (not just the radiology reports); images on CD-ROM are preferable.

START HERE:

What symptom gives you the most trouble?

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Nasal Symptom Inventory

The following rating scale will be used to complete the questions:

Sc	ale	Severity Definition
0	None	Absent-NO symptom evident
1	Mild	Symptom clearly PRESENT but minimal awareness; easily tolerated
2	Moderate	Definite awareness of symptom that is bothersome, but tolerable
3	Severe	Symptom is hard to tolerate; interferes with activities of daily living and/or sleeping

Using the rating scale above, please rate the following symptoms according to how you feel <u>right now</u>.

	None	Mild	Moderate	Severe
Facial or sinus pressure	П	П	П	П
(pressure or fullness in the area behind the eyes, cheeks, forehead, or sinuses)		Ш	Ш	
Facial or sinus pain			П	
(pain in the area around the eyes, cheeks, forehead)	_		<u> </u>	
Headache				
(dull to intense, throbbing pain in head) Nasal congestion				
(stopped up or stuffy nose)				
Nasal obstruction		_	_	_
(inability to move air through the nose)				
Post-nasal drip				
(sinus drainage in the back of the throat)				
Clear nasal discharge				
(nasal mucus that is clear)	Ш			Ш
Discolored nasal discharge		П	П	
(nasal mucus that is green, yellow, and/or brown)	Ш	Ш	Ш	Ш
Itchy nose/eyes/throat				
(sensation of itchiness in the nose, eyes and/or throat)	Ш	Ш	Ш	Ш
Nose bleeds	П		П	
(bleeding, not bloody mucus, from the nose)				
Tiredness				
(feeling worn out or drained due to chronic sinusitis)	_	_	_	_
Wheezing				
(whistling sound from breathing, associated with chest tightness)	_		_	_
Cough				
Sense of smell		П		
(reduced sense of smell or detection of bad odor)		Ш	Ш	Ш

Below you will find a list of symptoms and social/emotional consequences of your rhinosinusitis. We would like to know more about these problems and would appreciate your answering the following questions to the best of your ability. There are no right or wrong answers, and only you can provide us with this information. Please rate your problems as they have been over the past two weeks. Thank you for your participation. Do not hesitate to ask for assistance if necessary.

Important: Please mark the most important items affecting your health (maximum of 5 items).

Considering how severe the problem is when you experience it and how frequently it happens, please rate each item below on how "bad" it is by circling the number that corresponds with how you feel using this scale:	No Problem	Very Mild Problem	Mild or Slight Problem	Moderate Problem	Severe Problem	Problem as Bad as It Can Be	Most Important Items
Need to blow nose	0	1	2	3	4	5	0
2. Sneezing	0	1	2	3	4	5	0
3. Runny nose	0	1	2	3	4	5	0
4. Cough	0	1	2	3	4	5	0
Post-nasal discharge (dripping at the back of your nose)	0	1	2	3	4	5	0
6. Thick nasal discharge	0	1	2	3	4	5	0
7. Ear fullness	0	1	2	3	4	5	0
8. Dizziness	0	1	2	3	4	5	0
9. Ear pain	0	1	2	3	4	5	0
10. Facial pain/pressure	0	1	2	3	4	5	0
11. Difficulty falling asleep	0	1	2	3	4	5	0
12. Wake up at night	0	1	2	3	4	5	0
13. Lack of a good night's sleep	0	1	2	3	4	5	0
14. Wake up tired	0	1	2	3	4	5	0
15. Fatigue	0	1	2	3	4	5	0
16. Reduced productivity	0	1	2	3	4	5	0
17. Reduced concentration	0	1	2	3	4	5	0
18. Frustrated/restless/irritable	0	1	2	3	4	5	0
19. Sad	0	1	2	3	4	5	0
20. Embarrassed	0	1	2	3	4	5	0
21. Sense of taste/smell	0	1	2	3	4	5	0
22. Blockage/congestion of nose	0	1	2	3	4	5	0

Other Treatments						
Have you seen another physician since your last visit? O Yes O No		If Yes, please provide details.				
Medications						
Please list your current medications.						
Please list any other medications that yo	u have taken since	your last visit, but are	not longer using.			
Are you allergic to any medications? O Yes		Details				

Comments

(If yes, please give details.)